



**Client Instructions: Please review, sign and fax this agreement to me in advance of your first scheduled session. My fax No. is (813) 920-2708**

**Your Name:**

**COACHING CONTRACT FORM**

I understand that Coaching is not advice-giving, psychotherapy or counseling (my coach has explained the difference), and that professional referrals will be given, if needed.

I understand that Coaching is a potentially powerful alliance designed to help a client achieve specific, identified goals. Coaching may address specific personal projects, business successes, and/or general conditions in a client's life or profession. I understand that Coaching services may include values clarification, brainstorming, examining modes of operating in life, identifying plans of action, the sharing of educational information, the asking of clarifying questions and the making of empowering requests.

As a client, I understand and agree that I am fully responsible for my well being during, after and between my coaching calls. I am responsible for any and all choices and decisions I make.

Upon completion of the initial contract period, should my coach and I agree, coaching will continue on a month-to-month basis. I am aware that I may choose to discontinue coaching at any time. Cancellations require 24 hour notice to avoid additional charges.

Your coach is committed to keeping all contacts, information and records confidential. From time to time, information may be shared with other coaches for training and feedback purposes; however the client, along with any other identifying information, will always remain anonymous.

Our signatures on this agreement indicate full understanding of and agreement with the information outlined above.

Client Signature \_\_\_\_\_ Date: \_\_\_\_\_

Coach's Signature \_\_\_\_\_ Date: \_\_\_\_\_